



**WYOMING HIGH SCHOOL ACTIVITIES ASSOCIATION**

6571 EAST 2ND STREET  
CASPER, WYOMING 82609

**STATE TRACK MEET**

**ORDER AND TIME OF EVENTS**

May 18-19-20, 2023

**Thursday - May 18, 2023**

3:00 p.m.	3200 Meter Run (Finals)
	1A Girls High Jump
(Pit 1-2)	3A Girls Long Jump
(Pit 3-4)	4A Boys Long Jump
	1A Girls Shot Put
	2A Boys Discus
	2A Boys Pole Vault
	4A Girls Pole Vault
5:00 p.m.	3A Boys Discus
	2A Girls Shot Put
(Pit 3-4)	4A Girls Long Jump
(Pit 1-2)	1A Boys Long Jump
	2A Girls High Jump
5:20 p.m.	100 Meter Intermediate Hurdles (Prelims)
	110 Meter High Hurdles (Prelims)
5:50 p.m.	<b>Best of the Best Awards</b> (3200 Meter Run--Girls, Boys)
6:15 p.m.	1600 Sprint Medley Relay (Finals)

**Friday - May 19, 2023**

9:00 a.m.	800 Meter Run (Finals)
	3A Girls Shot Put 4A Boys Discus
	4A Boys Pole Vault 2A Girls Pole Vault
(Pit 3-4) (Pit 1-2)	1A Girls Long Jump 2A Boys Long Jump
	3A Girls High Jump
10:00 a.m.	200 Meter Dash (Prelims)
10:45 a.m.	<b>Best of the Best Awards</b> (1600 Sprint Medley Relay—Girls, Boys)
11:00 a.m.	300 Meter Low Hurdles (Prelims) 300 Meter Intermediate Hurdles (Prelims)
(Pit 3-4) (Pit 1-2)	3A Boys Long Jump 2A Girls Long Jump
	1A Boys Pole Vault 3A Girls Pole Vault
	4A Girls High Jump
	4A Girls Shot Put 1A Boys Discus
1:00 p.m.	1A Girls Discus 2A Boys Shot Put
(Pit 1-2) (Pit 3-4)	3A Girls Triple Jump 4A Boys Triple Jump
	3A Boys Pole Vault 1A Girls Pole Vault
	2A Boys High Jump
1:55 p.m.	<b>Best of the Best Awards</b> (800 Meter Run—Girls, Boys)
2:00 p.m.	100 Meter Dash (Prelims)
2:45 p.m.	400 Meter Dash (Prelims)
3:00 p.m.	2A Girls Discus 3A Boys Shot Put
(Pit 3-4) (Pit 1-2)	4A Girls Triple Jump 1A Boys Triple Jump
	3A Boys High Jump
3:45 p.m.	400 Meter Relay (Finals)
5:00 p.m.	<b>Best of the Best Awards</b> (Long Jump—Girls, Boys) <b>Best of the Best Awards</b> (Pole Vault—Girls, Boys)
5:15 p.m.	3200 Meter Relay (Finals)

**Saturday - May 20, 2023**

9:00 a.m.	3A Girls Discus 4A Boys Shot Put
(Pit 1-2) (Pit 3-4)	1A Girls Triple Jump 2A Boys Triple Jump  4A Boys High Jump
9:25 a.m.	<b>Best of the Best Awards</b> (400 Meter Relay—Girls, Boys) <b>Best of the Best Awards</b> (3200 Meter Relay—Girls, Boys)
9:30 a.m.	100 Meter Intermediate Hurdles (Finals) 110 Meter High Hurdles (Finals)
10:00 a.m.	100 Meter Dash (Finals)
10:30 a.m.	300 Meter Low Hurdles (Finals) 300 Meter Intermediate Hurdles (Finals)
11:00 a.m.	4A Girls Discus 1A Boys Shot Put
(Pit 1-2) (Pit 3-4)	2A Girls Triple Jump 3A Boys Triple Jump  1A Boys High Jump
11:10 a.m.	<b>Best of the Best Awards</b> (100/110 Meter Hurdles—Girls, Boys) <b>Best of the Best Awards</b> (100 Meter Dash—Girls, Boys)
12:40 p.m.	<b>Best of the Best Awards</b> (300 Meter Hurdles—Girls, Boys) <b>Best of the Best Awards</b> (High Jump—Girls, Boys)
12:45 p.m.	WCA Profiles in Courage Awards
1:00 p.m.	400 Meter Dash (Finals)
1:45 p.m.	<b>Best of the Best Awards</b> (Shot Put—Girls, Boys) <b>Best of the Best Awards</b> (Discus—Girls, Boys)
2:00 p.m.	1600 Meter Run (Finals)
2:45 p.m.	<b>Best of the Best Awards</b> (Triple Jump—Girls, Boys) <b>Best of the Best Awards</b> (400 Meter Dash—Girls, Boys)
3:00 p.m.	200 Meter Dash (Finals)
3:30 p.m.	<b>Best of the Best Awards</b> (1600 Meter Run—Girls, Boys) <b>Best of the Best Awards</b> (200 Meter Dash—Girls, Boys)
3:50 p.m.	1600 Meter Relay (Finals)
<b>AFTER</b>	<b>Best of the Best Awards</b> (1600 Meter Relay--Girls, Boys)